

MY LIFE POST-HOARDING

Describe your life AFTER you have overcome your hoarding problem.

- What are your social life and relationships like?
- How do you feel seeing clear surfaces and neat surroundings?
- What opportunities are you able to take advantage of now that hoarding does not dominate your life?
- What projects are you now able to do that you could not before?
- How do you spend your time?

Social life and relationships _____

Surroundings _____

Opportunities _____

Projects _____

Time _____

Other _____
